

Ontario Society of Senior Citizens Organizations
La Société des Organisations des Citoyens Aînés de l'Ontario

HOUSING AND HEALTHY DISCUSSIONS: WHAT'S NEXT?

When: Tuesday, December 5, 2017

Time: 3:00pm - 4:30pm

Where: 333 Wilson Ave., Suite 406, North York, ON




Ontario Society of Senior Citizens presents this *FREE* workshop called **HOUSING AND HEALTHY DISCUSSIONS: WHAT'S NEXT?** It offers a unique look into the future of aging. Through discussion and reflection this workshop will engage a broad group of people to address our own concerns and issues - whether real or perceived - as we age. Presenter **Noreen Horowitz**, Educational Program Assistant, shares her knowledge and personal experience on this subject.

Some of the topics covered will be:

- ❖ Society has changed
- ❖ Reviewing housing options as we age
- ❖ How to deal with giving up the familiar
- ❖ Deciding to stay in your current house: Developing an in home support plan

At the end of this presentation, the attendees will have increased their knowledge of how to look ahead and develop a life plan for 65+.

Register Today:

 416-785-8570

 ocsc@ocsc.ca

 <https://goo.gl/gH2pnb>

This workshop is of interest to:

- Seniors 55+ and individuals planning to live to be 100
- Leaders who provide services and programs to seniors