



Ontario Society of Senior Citizens Organizations
La Société des Organisations des Citoyens Aînés de l'Ontario

Tuesday's with OSSCO - December 2018

The Oasis Program - Changing Perceptions

Tuesday December 4, 2018 - 3:00 PM to 4:00 PM

Where? 345 Wilson Avenue, Suite 404, Toronto, ON, M3H 5W1



Did you know the number of seniors living in Toronto is set to increase dramatically - from one in seven in 2011 to one in four by 2036?

Oasis is a **naturally occurring retirement community** that developed organically in an apartment building in Kingston, Ontario.

The Oasis concept addresses the issues of isolation, nutrition and fitness among seniors and to prevent admission to long term care.

Learn more about this concept as Oasis develops it's first program in Toronto, Ontario!

Join **Christine McMillan, founder of Oasis Senior Supportive Living Inc** for Tuesday's with OSSCO in December. Christine will share more information about the Oasis program and this partnership with University Health Network's Open Lab.

To register, please contact OSSCO by phone: 416-785-8570 or email: ocsco@ocsco.ca or visit eventbrite: <https://tuesdayswithosscodecember2018.eventbrite.ca>

Tuesday's with OSSCO is free for adults 55+

Light refreshments will be served. Registration required.